

Catholic Identity Standards

PK.1 Catholic identity standards. The student understands and integrates the content of what is learned into their faith and daily life.*
PK.1A recognize that every human life is sacred because each person is created and loved by God*
PK.1B describe ways to take part in/be responsible to the community by discerning and using our God-given gifts*
PK.1C recognize and oppose unjust social structures and work toward justice for all*
PK.1D see God at work in all things and as expressed in the sacraments*
PK.1E connect scripture, tradition, and the models of Mary and the saints to guide, grow, and deepen faith*

Skill Building

PK.3 Skill building. The student demonstrates competency in a variety of motor skills and movement patterns needed to perform a variety of physical activities.

Application	Standards
PK.3A Coordination demonstrate coordination and control of large muscles	PK.3A.1 display an upright posture when standing or seated PK.3A.2 maintain balance during sitting, standing, and movement activities PK.3A.3 run, jump, walk in a straight line, and hop on one foot PK.3A.4 navigate stairs using alternating feet PK.3A.5 put on age appropriate clothing items, such as shirts, jackets, pants, shoes, etc.
PK.3B Large Motor Skills combine a sequence of large motor skills with and without the use of equipment	PK.3B.1 navigate age appropriate playground equipment PK.3B.2 explore, practices and perform skill sets (e.g., throwing, pushing, pulling, catching, balancing, etc.) PK.3B.3 participate in a series of large motor movements or activities (e.g., dancing, pedaling, following the leader, participating in games/sports)
PK.3C Fine Motor Skills demonstrate eye-hand coordination and fine motor skills	PK.3C.1 demonstrate ability to use fine motor skills (e.g., uses materials such as pencils, paint brushes, eating utensils and scissors) PK.3C.2 manipulate small objects with ease (e.g., fits objects into holes, strings wooden beads, stacks mini blocks, uses geo boards, etc.) PK.3E.3 use buttons, zippers, snaps, hooks, and tape successfully
PK.3D Physical Activity engage in a variety of physical fitness activities	PK.3D.1 engage in rigorous large motor activities (e.g., marching, hopping, running, jumping, dancing) in increasingly longer periods of time as skill and develops endurance PK.3D.2 participate in activities designed to strengthen major muscle groups PK.3D.3 participate in activities to promote balance and flexibility

Health and Safety

PK.4 Health and safety. The student will demonstrate an emerging use of standard health practices and an awareness and practice of safety skills.

PK.4A Personal Care & Hygiene demonstrate personal care and hygiene skills	PK.4A.1 demonstrate growing independence in using personal hygiene skills (e.g., washing hands, brushing teeth, toileting, etc.) PK.4A.2 exhibit self-help skills when dressing, cleaning up, participating in meals, etc. PK.4A.3 recognize and communicates the need to use the restroom or when experiencing symptoms of hunger or illness
PK.4B Healthy Habits demonstrate awareness and understanding of healthy habits	PK.4B.1 recognize the importance of good nutrition, water, rest and sleep to be healthy PK.4B.2 demonstrate ways to self-soothe during times of stress PK.4B.3 talk about food choices in relationship to personal allergies and overall health PK.4B.4 relate healthy behaviors to good personal health (e.g., eating a balanced diet, exercising)
PK.4C Safety demonstrate awareness and understanding of safety rules	PK.4C.1 verbalize and demonstrate safety rules (e.g., bus safety, holding an adult’s hand when walking on sidewalks or near a street) PK.4C.2 understand and communicates that some practices could be unsafe (e.g., playing with matches, playing near a busy street, not wearing a bike helmet) PK.4C.3 participate in free evacuation drills, understand what the alarm bell is and the need to go to a safe location, etc. PK.4C.4 explain how to get help in emergency situations (e.g., communicates their guardian’s name and phone number)

*Catholic identity