

PERSONAL/SOCIAL DEVELOPMENT

Code	Standard	3K	4K	5K	Instructional Strategies	Resources
					General strategies for meeting standard	Texts websites etc.
	Personal Development					
PS 001	Experience a quiet time each day (rests quietly)	I	I	M	<ul style="list-style-type: none"> ➤ Nap ➤ prayer time ➤ book center 	picture reminders
PS 002	Responds responsibly with behaviors and actions	I	I	M	<ul style="list-style-type: none"> ➤ Rules ➤ discipline system ➤ Angels in Action display ➤ Go over rules at beginning of year, throughout the year, anytime it's needed. 	
PS 003	Assumes responsibility for belongings and class materials	I	I	M	<ul style="list-style-type: none"> ➤ Teach students to unpack backpack. ➤ Clean up what you mess up. ➤ Class helpers/jobs 	Picture schedule of daily jobs
PS 004	Cooperates with routine/class activities	I	I	M	<ul style="list-style-type: none"> ➤ Display class schedule using pictures 	
PS 005	Develop a sense of personal space		I	M	<ul style="list-style-type: none"> ➤ Everyone has a personal bubble. ➤ Criss cross applesauce, hands in your lap. ➤ Hula Hoop ➤ Tape on rug carpet square ➤ special seating 	
	Self Help Skills				➤	
PS 006	Use a cup	I	M	M	➤	
PS 007	Open a door	I	M	M	➤	
PS 008	Put on coat	I	P	M	➤ Practice daily during cold weather months.	
PS 009	Wash hands	I	M	M	➤ Demonstrate picture chart	
PS 010	Use appropriate terms when referring to basic personal needs	I	M	M	➤	
PS 011	Try again after failure--	I	D	M	<ul style="list-style-type: none"> ➤ DISPLAY PERSISTENCE ➤ encouragement 	
PS 012	Try new things	I	D	M	<ul style="list-style-type: none"> ➤ DEVELOPIING ➤ taste test in science 	

PS 013	Demonstrate initiative		I	M	➤ DEVELOPIING	
PS 014	Begin to react to change in a reasonable way	I	M	M	➤ Preparation	
PS 015	Express strong emotions safely	I	M	M	➤ DEVELOPIING	
PS 016	Identify feelings in himself and others	I	M	M	➤ DEVELOPIING	
PS 017	Learn to express feelings appropriately	I	M	M	➤ D.R.A.I.N.	
PS 018	Leave the parent willingly	I	M	M	➤	
PS 019	Exercise self control	I	M	M	➤ personal space	
PS 020	Demonstrate self confidence	I	M	M	➤ Book Reports ➤ Star Student	
PS 021	Demonstrate a positive attitude	I	M	M	➤	
PS 022	Exhibit an appropriate energy level	I	M	M	➤ inside/outside play ➤ use inside voices	
PS 023	Work a his/her own level independently	I	M	M	➤	
PS 024	Complete special jobs and responsibilities independently	I	M	M	➤	
PS 025	Develop the ability to make choices	I	M	M	➤ Centers	
PS 026	Engage in solitary play	I	M	M	➤ Centers	
PS 027	Learn to ask permission	I	M	M	➤	
PS 028	Refine use of eating utensils	I	M	M	➤ use spoon/fork appropriately	
PS 029	Stays on task 10-15 minutes		I	M	➤ Timed centers	
	Social Development					
PS 030	Listen when others speak	I	M	M	➤ DEVELOPING	
PS 031	Participate in leadership as well as follower roles	I	M	M	➤ Follow the Leader / Simon Says	
PS 032	respect rights property and feelings of others	I	M	M	➤ DEVELOPING	
PS 033	Help others and accept help from others	I	M	M	➤ DEVELOPING	
PS 034	Relate to adults	I	M	M	➤ being respectful instead of saying "no" say "I will try"	
PS 035	Develop friendships with others	I	M	M	➤	Guidance lessons: Sharing manners

PS 036	Respond appropriately to suggestions from others	I	M	M	➤	
PS 037	Become aware of how others see him/her	I	I	M	➤	
PS 038	Recognize that he/she is one of many	I	M	M	➤	
PS 039	Share with others	I	M	M	➤	
PS 040	Participate in group decision-making process	I	I	M	➤	
PS 041	Identify and follow class and school rules	I	M	M	➤ Introduce at beginning of school be consistent revisit weekly daily as needed	
PS 042	Recognize that all material needs and wants cannot be met	I	M	M	➤	
PS 043	Follow directions	I	M	M	➤	
PS 044	Demonstrate and understand taking turns	I	M	M	➤	
PS 045	Settle differences with minimum adult mediation	I	I	M	➤	
PS 046	Realize that she/he can be a friend	I	M	M	➤	
PS 047	Participate in simple group activity	I	M	M	➤	
PS 048	Watch other children; join briefly in play	I	M	M	➤	
PS 049	Engage in parallel play	I	M	M	➤	
PS 050	Comforts peers in distress	I	I	M	➤	
PS 051	Respond properly to praise and to correction	I	M	M	➤	
PS 052	Imitates behaviors of others	I	M	M	➤ appropriate behavior	
PS 053	Increasing awareness of self as separated from others	I	M	M	➤	
PS 054	Wait a turn	I	M	M	➤ When you are finished, may I have a turn?	
PS 055	Play simple games in small groups		I	M	➤ math games ➤ memory games	candy land
PS 056	Engage in cooperative play		I	M	➤	
PS 057	Show interest and ask questions about work created by others		I	M	➤	
	Physical Development					

PS 058	Show an awareness of name location and relationship of body parts	I	I	M	➤ Wall Spots & Body Parts: Tape paper on the wall. When the music is playing students are moving in specified manner i.e. hopping on two feet hopping on one foot walking ○ Traveling Turkeys and Snowball game skipping etc. When the music stops the teacher calls out a body part and the students have to stick that body part to the spot on the wall.	
PS 059	Explore moving in space	I	M	M	➤ Free play at recess and gym	
PS 060	Move within a space of defined boundaries	I	I	M	➤ Music and Movement time ➤ Movement during circle time games i.e. pretending to be fall leaves, snowflakes, seeds and flowers, etc...	
PS 061	Move in place	I	M	M	➤ Movement break games during circle ➤ Circle time games such as toast in the toaster bees buzzing to flowers the sailing game	
PS 062	Participate in group games involving movement	I	M	M	➤ Music and Movement time Duck Duck Goose etc.	
	Gross Motor Development					
PS 063	Throw or kick an object in a particular direction	I	I	M	➤ Bowling, toss across	
PS 064	Play catch with a bean bag or large ball	I	M	M	➤ Free play in gym with balls; structured Start with a balloon ball games	
PS 065	Bounce and catch a large ball	I	M	M	➤ Free play at recess and gym with balls	
PS 066	Throw a ball without losing balance	I	M	M	➤ Free play in gym with balls; structured ball games	
PS 067	Throw a ball overhead	I	M	M	➤ Free play in gym with balls; structured ball games	
PS 068	Coordinate arms and legs (swinging stretching)	I	M	M	➤ Free play in gym with balls; structured ball games	
PS 069	Walk on tiptoe	I	M	M	➤ Free play at recess; Music and Movement	
PS 070	jump in place two feet together	I	M	M	➤ Free play at recess; Music and Movement	
PS 071	Climb stairs with alternating feet	I	M	M	➤ Music and Movement time	

PS 072	Walk on a straight line ten feet on the floor	I	M	M	➤ Daily walk in line (campus has stairs) Balance beam	
PS 073	Walk on a 4 inch wide balance beam forward and backward	I	M	M	➤ Daily walk in line (campus has stairs) Balance beam	
PS 074	Use left to right progression in completing activities	I	M	M	➤ Walk the line game in gym fine motor ➤ Walk to line game in classroom with objects to balance	
PS 075	Balance on one foot for five to ten seconds	I	M	M	➤ Use balance beam in gym time both Classroom movement songs free play and directed play	
PS 076	Begin to pedal (if available)	I	M	M	➤ Set up trays to be completed left to right	
	<i>Fine Motor Development</i>				➤	
PS 077	Develop pincer control in picking up small items	I	I	M	➤ Tweezers eye droppers lacing roll tissue paper sort beans dig in the garden	
PS 078	Lace	I	M	M	➤ lacing cards	
PS 079	Pour liquids and solids (water sand rice)	I	M	M	➤ Various tonging activities rotated throughout the year sensory table ➤ Use pincer grip to grasp various classroom materials ➤ Use of smaller writing and drawing materials such as crayon rocks	
PS080	Buckle snap and zip	I	M	M	➤ Lacing activity rotated throughout year	
PS 081	Button	I	I	M	➤ Various pouring activities on trays rotated throughout the year using a variety of materials to pour (beans, rice, grains, water). Items begin simple (two clear handled containers with beans) and move to complex (pouring water into a smaller container through funnel).	
PS 082	Manipulate play objects that have fine parts	I	M	M	➤ Dressing frame Legos Lite Brite	
PS 083	Use scissors and cut paper	I	M	M	➤ Dressing frame	
PS 084	Draw recognizable pictures	I	I	M	➤ Dressing frame	
PS 085	Copy Circle	I	M	M	➤ Dressing frame	

		I	M	M	<ul style="list-style-type: none"> ➤ Free play during our open ended play time ➤ Pouring toning and spooning with finer grains and liquids ➤ Working with smallest pink tower piece ➤ Working with graded cylinders ➤ Working with the beaded stair ➤ Working with small counters 	
PS 086	Trace circle and square templates					
PS 087	String one inch beads	I	M	M	<ul style="list-style-type: none"> ➤ Baskets with the following cutting exercises: <ul style="list-style-type: none"> ○ Snipping ○ Cutting on the line ○ Cutting curves and/or angles ○ Cutting seasonal shapes 	
PS 088	Build a block tower 4-5 blocks high	I	M	M	<ul style="list-style-type: none"> ➤ Free art daily ➤ Various art projects done throughout the school year in small groups ➤ i.e. drawing a snowman's face and arms 	
PS 089	Build a block tower of 9 small blocks	I	M	M	<ul style="list-style-type: none"> ➤ Free art daily ➤ Various art projects done throughout the school year in small groups, i.e. drawing a snowman's face and arms 	
PS 090	Draw persons with at least four parts	I	I	M	<ul style="list-style-type: none"> ➤ Metal Insets monthly self portrait 	
PS 091	Use pegs in board	I	M	M	➤	
PS 092	Use glue properly	I	M	M	<ul style="list-style-type: none"> ➤ Pink tower "A little dot does a lot" Brown Stairs 	
PS 093	Hold and use crayons properly	I	M	M	➤	
PS 094	Holds and uses tongs	I	M	M	➤	
PS 095	Develops a tripod pencil grip	I	M	M	<ul style="list-style-type: none"> ➤ Various pencil grip ➤ silly band ➤ cotton ball/pom pom 	
PS 096	Copies the four basic handwriting strokes	I	M	M	➤	
PS 097	Traces names	I	M	M	➤	
PS 098	Begins to write name	I	M	M		